#### JANUARY/FEBRUARY 2020

#### **EXPERIENCE DIFFERENT VIEWS. DISCOVER COMMON GROUND**



# friendship force



#### **2020 ACTIVITIES CALENDAR**

- January 16 Minnesota History Center Lunch and Native American Exhibit
- February 19 Lunch at Holy Land Restaurant Minneapolis
- May 13 20 Incoming Journey from Los Angeles
- July FFMNTC 2020 Semi-Annual Meeting
- Sept. 14 17 Explore the North Shore of Lake Superior –Excursion for Incoming Ambassadors

(Regional Conference attendees)

- Sept. 18 20 FFI Super Regional Conference in Minneapolis
- Oct. or Nov. Journey to Cankaya, Turkey and Cottbus, Germany
- December 5 FFMNTC 2020 Annual Meeting and Holiday Party

#### **INBOUND JOURNEY from LOS ANGELES, CA, May 13 – 20, 2020**

## **Host Coordinator Needed**

In order to prepare for our guest ambassadors, we <u>urgently</u> need someone to fill the **Host Coordinator** position. This can be one person or two working together. They would act as chair or co-chairs for the host committee and select committee members to fill a variety of positions. This is an excellent way for a new member(s) to get involved with the club, meet other members and learn how journeys work. My first experience volunteering for our club was serving as a home host and being on the host committee. You plan events and parties. As Journey Director, I will be working with the Host Coordinator every step of the way to guide and help them through the process. Please contact me if you are interested or have questions. We can find a job for anyone who would like to contribute to this journey for the week or even just a day. Thank you for considering this.

Cindy Cauble, Journey Director Email: <u>cindyc219@msn.com</u> Phone: 952-920-6090





# **2020 Cultural Explorations**

#### **January**

Thursday, January 16, 11:00 AM Minnesota History Center, 345 West Kellogg Boulevard, St. Paul MN 55102 LUNCH: Meet in Cafeteria at 11:00 AM EXHIBIT: "Our Home: Native Minnesota" ADMISSION: \$12 Adults, \$10 Seniors over 65 PARKING: Parking lot next to building RSVP: janesbardon@gmail.com or 651-484-7989 by January 9 if possible. (We may be able to get a free tour with early reservations.)

Join us for the next adventure in our local Cultural Exploration series, a visit to the **"Our Home: Native Minnesota"** Exhibit, which opened on December 7, 2019.

*"Learn about Native communities in Minnesota, including stories of survival, resiliency, and adaptation.* 

Native Americans — Dakota, Ojibwe, as well as people from other tribal nations — have dwelled in this area for thousands of years and still live here today. This exhibit shares their stories, enduring presence, and deep connection to the land.

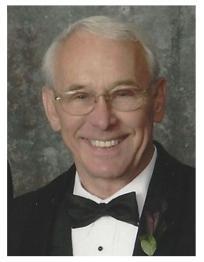
View historic and contemporary photographs, maps, and artifacts — and learn how Native people have retained cultural practices, teachings and values, and an essential connection to home."

### **February**

Wednesday, February 19, 11:00 AM. Holy Land Restaurant, 2513 Central Avenue NE, Minneapolis MN Website: <u>https://holylandbrand.com/</u> RSVP: janesbardon@gmail.com or 651-484-7989 by February 15.



The Holy Land is a very casual place and eating there is a cultural experience in itself. They serve a variety of Mid-Eastern foods. There are many interesting ethnic restaurants on Central Avenue. You may want to look around to see if you can spot other restaurants that we could explore in the near future



#### **Remembering Gene Selchow**

Gene was on the board when I was President. He was one of the most logical and supportive persons I ever knew. Gene served as Exchange Director for about six years. He possessed a great deal of common sense and was always willing to take on any task given to him. And he did it with that wonderful smile.

I remember being In Brazil and he helped me celebrate my birthday. He was an absolute delight to travel with and having Gene as the ED, (it's what they were called back then) was an added bonus. Gene was always very well organized and again, that common sense came into play. And always with a smile.

*I will miss Gene greatly and he will be missed by our club. Rest in peace my friend.* **Submitted by Ben Szyplinski** 

Editor's Note: Gene passed on December 13<sup>th</sup>. The funeral service was December 20th at Mt. Calvary Lutheran Church in Richfield, A large number of club members were in attendance for the service. Our condolences go out to Gene's family.

#### Mary and Gordon Elscott Receive Don Wolter Award



Mary Elscott was overwhelmed with emotion when it was announced at our Holiday Party on December 8 that she and her husband, Gordon, would receive the Don Wolter Award. The award is given for a deserving member each year in memory of Don Wolter, who served as our newsletter editor for twenty years. Mary and Gordon have the key attributes for this award for they have been active members of our club since 1978 when the club was founded. Mary and Gordon participated in the club's first exchange to Berlin, Germany in June of 1978. Mary stepped in to serve as exchange director in 1986 when the club went to Chiapas, Mexico and then coordinated the return visit by the Chiapas, Mexico club. Additionally, Mary lead exchanges to Madison, Wisconsin in 1997, Liberty Ville, Illinois in 2002, and Northern Illinois in 2003. Mary continued contributing to the club by serving on the Board of Directors as Vice President in 1989 and Secretary from 1978-1982.

Both Gordon and Mary have promoted and supported the Friendship Force mission by hosting ambassadors from Japan,

Taiwan, Germany, Mexico, New Zealand, and from Russia on two occasions. The Escott's have hosted our club's holiday party for many years and their enthusiastic and "can do" attitude have had a positive effect on the club's success.

Mary indicates that she and Gordon did not always travel together on their Friendship Force journeys due to their working schedules. Gordon estimates he has participated in at least six journeys including such destinations as Singapore and Malaysia. Mary has participated in a total of eight outbound journeys. We congratulate and thank Mary and Gordon for all of their contributions to our club. Submitted by *Louise Anderson* 

#### JANUARY/FEBRUARY 2020



# Great Lakes, Midwest, and Southwest FFI 2020 Super Regional Conference September 18-19-20

#### Embassy Suites Hotel by Hilton Minneapolis Downtown – 12 Sixth Street So., Minneapolis MN

The year 2020 kicks off a new decade with a major event for our Friendship Force of Minnesota–Twin Cities club as we host the 2020 Super Regional Conference in downtown Minneapolis in September. All hands-on board! We will need your involvement to make this event a success!

We are expecting 100 -125 members from 28 clubs from three regions (Great Lakes, Midwest and Southwest). FFI began the Super Regional Conference idea several years ago to increase cross-fertilization of ideas from <u>all</u> members from a larger geographical area. It's also a way to highlight the host cities as a destination. We've already heard that our event is attracting international attendees. This is also a great way to invite non-members to get a firsthand look at Friendship Force in the 21<sup>st</sup> century so invite potential members to get involved with you!



Hats off to our Planning Team handling details. **Metro Activities and Promotions:** Shirley Cavallaro, Blaine McCutchan, Louise Anderson; **Program:** Mary Montagne, Patricia Robinette; **Hotel AV and Catering, Registration Fee Budget:** Vicki Palmer; **Pre-conference Tour of North Shore of Lake Superior:** Jane Norman; **Web and Announcements:** Jane Bardon; **On-line registration and payments:** Rose Emerick. **FF Regional Field Representatives,** Dale Moore (Midwest), Judy Hornsby (Great Lakes) and Karen Virgilio and Kay Binder (Southwest) along with Allison Lindsey (FFI Director of Program Operations) have a major role in developing and approving program topics and speakers.

We are grateful for members who signed up at the Annual Meeting and Holiday Party to work on hostess gift bags, registration and marketing. You'll get more information soon. There's still plenty of room for more volunteers. Please contact <u>ritamnffi@yahoo.com</u> to sign up for the fun!

Submitted by *Rita Mays*, FFMNTC Chair of the FFI 2020 Super Regional Conference <u>ritamnffi@yahoo.com</u>

# Making Your Flight and Trip More Hassle Free by Cindy Cauble

**TSA Precheck**. Many of you have already heard of TSA Precheck. Precheck costs \$85 for five years and is now available at more than <u>200 U.S. airports including MSP</u>. Although TSA reports that 93 percent of PreCheck passengers wait less than five minutes, you are not guaranteed access to the PreCheck line. You can enroll online at <u>tsa.gov</u> to pre-enroll and pay the \$85 fee. A personal interview is required at an enrollment center or airport where you will be fingerprinted and show proper identification documents. After your interview, allow several weeks to receive an email with your Trusted Traveler Number or Known Traveler Number (KTN). Enter this number into your flight information so your boarding pass is printed with PreCheck status. A card will arrive in the mail later.

**Global Entry**. My friends who are world travelers told me that Global Entry is really the way to go and is also a 5-year program. Not only does it include TSA PreCheck but also allows approved American travelers faster clearance through customs when they re-enter the US by air or land. Global Entry status is honored at all US airports and 13 approved airports abroad. It is administered by the Department of Homeland Security Customs and Border Protection (CPB). You can apply online at the CPB website. After creating an account, you complete a Trusted Traveler application and pay a \$100 fee. My daughter just applied for this program since she didn't have TSA PreCheck but it did take over a month to complete. Once your application is approved, you will be notified to set an appointment for your personal interview. Expect the interview to last about 30 minutes. At the end, you will be told whether you qualify and be given a Trusted Traveler Number. Later, you will receive a card with your number. Because it includes PreCheck, Global Entry is an obvious option for anyone who takes even just a few international trips within the five years of membership.

**App for packing**. PackPoint is a free travel packing list organizer and packing planner for serious travelers. PackPoint will help you organize what you need to pack in your luggage. Categories are prebuilt but you can create your own as well. It's easy to add or subtract items and modify your list. Once your list is complete, you can name it and save in the app. PackPoint can be linked with TripIt if you are a TripIt user. Getting current weather conditions at each destination is a nice feature. Some versions of PackPoint will give you suggestions of what to pack based on location, length of stay and type of trip. I used it recently on a 21-day trip. I liked that I could use the list "in reverse" to make sure I got everything back in my suitcase and backpack!

**THANK YOU!** I would like to thank those who helped with the **2019 Annual Meeting and Holiday Party.** Thanks to John Christensen, Val Hessburg, Louise Anderson and Marge and Sam Runnakko for their help setting and board members for helping with clean-up after the party. Submitted by *Cindy Cauble* 

#### WELCOME TO FRIENDSHIP FORCE MINNESOTA TWIN CITIES

Please welcome our first two new members for 2020:

Liz DeLay and Faizo Mohammed, both from St. Paul MN.



#### **MEMBERSHIP UPDATE**

by Jane Bardon, President

Membership Data 12-15-19	
Renewals – 2020:	44
Memberships Due:	45
New 2020:	2
Life Members:	17
Elders (not paid):	7
TOTAL 12-27-19	115
2019 NEW = 10, DECEASED =	

#### 2020 MEMBERSHIP FEES DUE NOW

Membership dues for 2020 are due now. Dues are \$40 per individual member. \$20 per person goes to FFI (a \$5.00 increase since 2019) and \$20 stays with the Club.

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Our annual charter payment to FFI is due by January 15, 2020. The payment is based on the number of 2019 paid members we had in 2019. However, we must pay the new 2020 fee of \$20 per member, although we collected \$15 per member in 2019. That creates a crunch, so please pay your dues ASAP and help keep our financial status strong.

#### 2020 FFMNTC Membership Form

A 2020 Membership Form is attached for those who have not yet had an opportunity to pay their dues for 2020. Please fill out the survey at the bottom of the form. The information we requested is essential to future planning. All of the responses will be entered in our member database. We need everyone's input to facilitate the programming that members want. For those who want to further support the Club, there is now a Donation option on the Form.

#### **CONGRATULATIONS**

The FFMNTC Membership Elected Officers for 2020 at the 2019 Annual General Membership Meeting in December: **President**, **Jane Bardon -- Vice President**, **Max Harris – Secretary**, **Louise Anderson – Treasurer**, **Rose Emerick**.

A special welcome to new Board Director, Max Harris, and thank you to the Officers and Board Directors who agreed to continue to serve in 2020.

#### **BOARD DIRECTORS**

#### 2020 OFFICERS

President: Jane Bardon janesbardon@gmail.com 651-484-7989

Vice President: Max Harris xharris26@comcast.net 952-938-2101

Secretary: Louise Anderson <u>louisemarieanderson17@</u> <u>gmail.com</u> 612-354-0927

Treasurer: Rose Emerick rose3689@comcast.net 612-723-6202

#### **DIRECTORS**

**Cindy Cauble** – Journey Director

John Christensen – Member at Large

Barb Emer – Newsletter Editor

Buck MacDonald – Member at Large

**Rita Mays –** Member at Large

Tom Scott – Member at Large <u>Non-Board Volunteers</u> Jan Lanyk – Historian, Facebook Editor

#### **BOARD CONTACTS**

friendshipforcetwincities.org Click on "Board Contacts" on the red menu bar, then click on the person you want to contact.

#### NEWSLETTER DEADLINE February 15 Email submissions to Barb Emer at: bemer@usfamily.net